

# Ephesians Series

Lesson #274

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Dean Bible Ministries

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# Walking: The Christian's Code of Conduct

## Overview Review

### Ephesians 4:1–6:9



# EPHESIANS

THE WEALTH, WALK  
& WARFARE  
OF THE BELIEVER

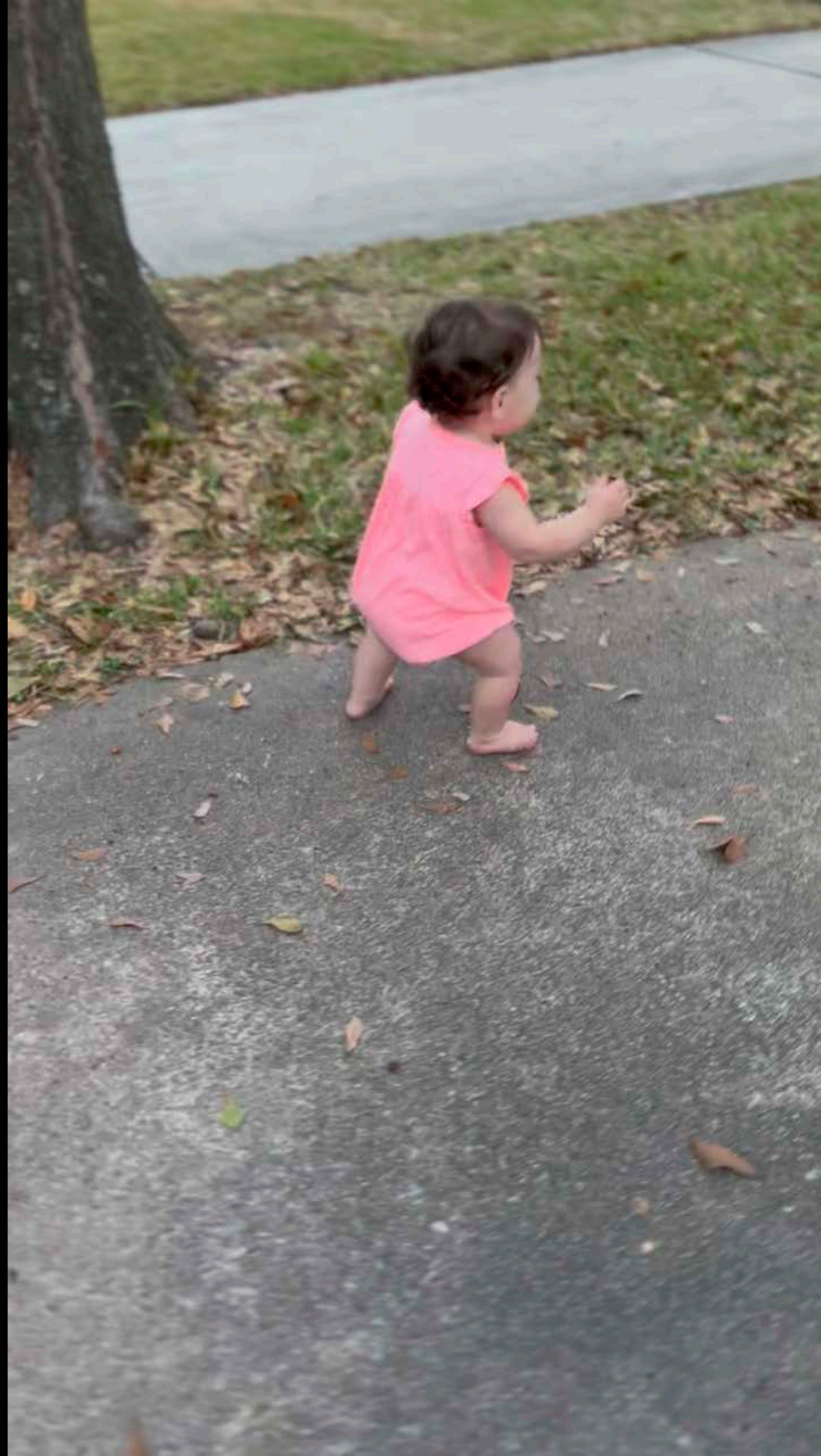






















# **Overview of Ephesians**

- I. The Wealth of the Believer (Eph. 1–3): our spiritual assets, “every spiritual blessing,” given to every believer at salvation.**
- II. The Walk of the Believer: living in light of our spiritual wealth, the code of conduct for the spiritual life of the believer. (Eph. 4:1–6:9)**
- III. The Warfare of the Believer: the spiritual assets provided to defend ourselves from the invisible onslaughts of the demons and Satan and the world system surrounding us (Eph. 6:10–20). Then the closing, Eph. 6:21–24.**



# **1. Walk worthy**

**Eph. 4:1, “I, therefore, the prisoner of the Lord, beseech you to walk worthy of the calling with which you were called,”**

**4:2, The characteristics of a worthy walk.**

**4:3, The Holy Spirit enables the worthy walk through the unity of the Spirit in the bond of peace.**

**4:4–6, Reminds us of what we possess as members of the body of Christ.**

**4:7–11, What Christ has provided for our training, that we may walk worthy.**



**Eph. 4:11, “And He Himself gave some to be apostles, some prophets, some evangelists, and some pastors and teachers,**

**Eph. 4:12, “for the equipping of the saints for the work of ministry, for the edifying of the body of Christ,**

**Eph. 4:13, “till we all come to the unity of the faith and of the knowledge of the Son of God, to a perfect man, to the measure of the stature of the fullness of Christ;”**

**καταρτισμός *katartismos* training, equipping**



**2 Tim. 3:16, “All Scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness,**

**2 Tim. 3:17, “that the man of God may be complete, thoroughly equipped for every good work.”**

ἐξαρτίζω *ex**artizō* to be equipped, made ready for service

καταρτισμός *kat**artismos* training, equipping

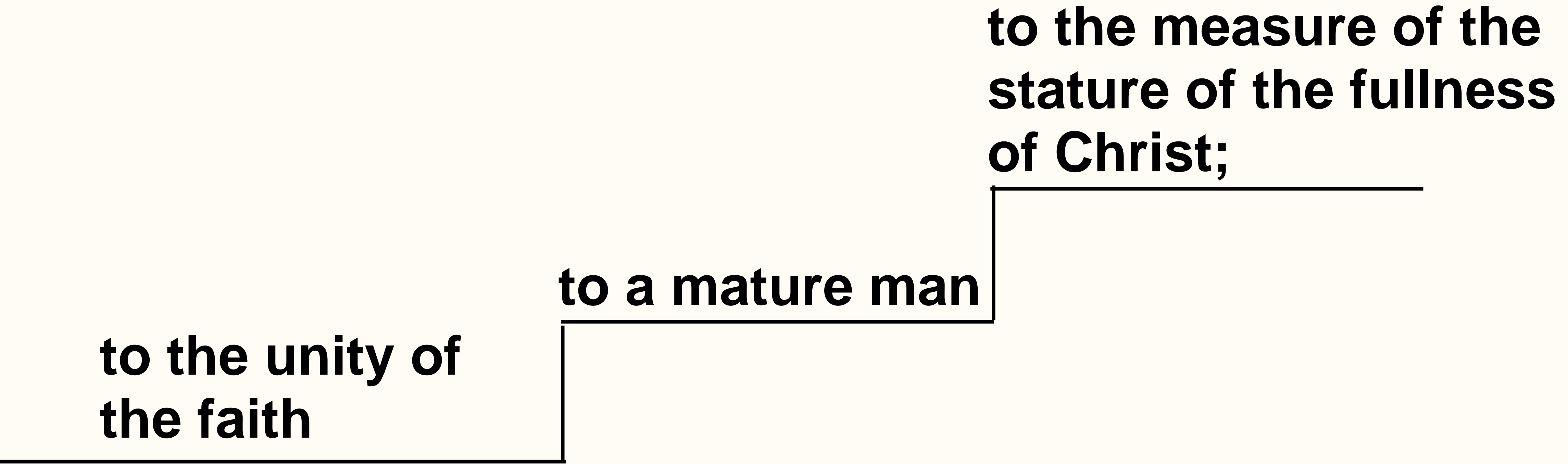


**Eph. 4:13, “till we all come to the unity of the faith and of the knowledge of the Son of God, to a perfect man, to the measure of the stature of the fullness of Christ;**

**Eph. 4:14, “that we should no longer be children, tossed to and fro and carried about with every wind of doctrine, by the trickery of men, in the cunning craftiness of deceitful plotting,” [NKJV]**



**Eph. 4:13, “till we all come to the unity of the faith and of the knowledge of the Son of God, to a perfect man, to the measure of the stature of the fullness of Christ;” [NKJV]**





**Eph. 4:13, “till we all come to the unity of the faith and of the knowledge of the Son of God, to a perfect man, to the measure of the stature of the fullness of Christ;” [NKJV]**

**to the measure of the stature of the fullness of Christ;**

**to the unity of the faith and the knowledge of the Son of God**

**to a mature man**

**the fullness that belongs to Christ, i.e., His perfect character.**



## God's goal for us

**Rom. 8:29, “For whom He knew and marked off beforehand He appointed their future destiny to be conformed to the image of His Son, that He might be the preeminent One among many brethren.”**



## **2. Don't walk like the surrounding culture, the popular mindset.**

**Eph. 4:17, “This I say, therefore, and testify in the Lord, that you should no longer walk as the rest of the Gentiles walk, in the futility of their mind,**

**Eph. 4:18, “having their understanding darkened, being alienated from the life of God, because of the ignorance that is in them, because of the blindness of their heart;”  
[NKJV]**



**What do the terms “old man/new man” describe?**

**Old man = old sin nature; this isn't correct.**



**What do the terms “old man/new man” describe?**

**Old man = all that we were before we were saved.**

**Correct as far as it goes, but needs refinement.**



**What do the terms “old man/new man” describe?**

**New man = the Church, the new entity composed of Jew and Gentile united together in Christ.**



# OLD MAN & NEW MAN

Eph. 2:15; 4:22–24; Col. 3:8–9; Rom. 6:6



**OLD MAN**  
**“IN ADAM”**



**NEW MAN**  
**“IN CHRIST”**



# OLD MAN & NEW MAN

Eph. 2:15; 4:22–24; Col. 3:8–9; Rom. 6:6



**OLD MAN  
“IN ADAM”**



**NEW MAN  
“IN CHRIST”**



Eph. 2:15, “having abolished in His flesh the enmity, *that is*, the law of commandments *contained* in ordinances, so as to create in Himself one new man from the two, thus making peace,”



**Eph. 4:20, “But y’all have not so learned Christ, [~RD]**

**Eph. 4:21, “if indeed you have heard Him and have been taught by Him, as truth is in Jesus:” [~RD]**

**Eph. 4:22, “y’all took off, concerning your former conduct, the old man which is growing corrupt according to the deceitful lusts, [~RD] [indicative—something that has already been done]**

**Eph. 4:23, “you are being renewed in the spirit of your minds; [~HCSB]**

**Eph. 4:24, “you put on [past tense] the new self, the one created [~HCSB]**

**Eph. 4:25, “Since you already put away the lie, speak the truth, each one to his neighbor, because we are members of one another. [~RD]**

**“Speak the truth” (as it is in Jesus, i.e., the Word, biblical truth, Bible doctrine)**



**3. The worthy walk imitates Christ's love, especially in the realm of love and forgiveness.**

**Eph. 5:1, “Therefore be imitators of God as dear children.**

**Eph. 5:2 “And walk by means of love, as Christ also has loved us and given Himself for us, an offering and a sacrifice to God for a sweet-smelling aroma.” [NKJV]**

**Eph. 5:6, “Let no one deceive you with empty words, for because of these things the wrath of God comes upon the sons of disobedience.**

**Eph. 5:7, “Therefore do not be partakers with them.” [NKJV]**



## **4. Walk as children of Light**

**Eph. 5:8, “For you were once darkness, but now you are light in the Lord. Walk as children of light**

**Eph. 5:9, “(for the fruit of the Spirit is in all goodness, righteousness, and truth),**

**Eph. 5:10, “finding out what is acceptable to the Lord.”  
[NKJV]**

**Eph. 5:11, “And have no participation/partnership with the unfruitful works of darkness, but rather expose them.  
[~RD]**

**Eph. 5:12, “For it is shameful even to speak of those things which are done by them in secret. [~NKJV]**

**Eph. 5:13, “But all things that are exposed are made manifest by the light, for whatever makes manifest is light. [~NKJV]**

**Eph. 5:14, “Therefore He says: ‘Awake, you who sleep, arise from the dead, and Christ will give you light.’ ”  
[~NKJV]**



**5. The careful walk is characterized by walking by the Spirit (Gal. 5:16) who fills us with God's Word, which we are to let dwell in us richly.**

**Eph. 5:15, “See then that you walk circumspectly, not as fools but as wise,**

**Eph. 5:16, “[by] redeeming the time, because the days are evil.**

**Eph. 5:17, “Therefore do not be unwise, but understand what the will of the Lord is.**

**Eph. 5:18, “And do not be drunk by means of wine, in which is dissipation; but be filled by means of the Spirit,  
...”**

## **Results of being filled by the Spirit:**

**Eph. 5:19**, “speaking to one another in psalms and hymns and spiritual songs, singing and making melody in your heart to the Lord,

**Eph. 5:20**, “giving thanks always for all things to God the Father in the name of our Lord Jesus Christ,

**Eph. 5:21**, “submitting to one another in the fear of God.

**Eph. 5:22**, “Wives, submit to your own husbands, as to the Lord.”

## **Results of the Word dwelling richly:**

**Col. 3:16b**, “... teaching and admonishing one another in psalms and hymns and spiritual songs, singing with grace in your hearts to the Lord.

**Col. 3:17**, “And whatever you do in word or deed, do all in the name of the Lord Jesus, giving thanks to God the Father through Him.

**Col. 3:18**, “Wives, submit to your own husbands, as is fitting in the Lord.”



**Results in relationships in the household:**

**Eph. 5:21, “submitting to one another in the fear of God.**

**Eph. 5:22, “Wives, submit to your own husbands, as to the Lord.”**

## **Results in relationships in the household:**

**Eph. 5:25, “Husbands, love your wives, just as Christ also loved the church and gave Himself for her,”**

**Eph. 5:33, “Nevertheless let each one of you in particular so love his own wife as himself, and let the wife see that she respects her husband.”**



## **Results in relationships in the household:**

**Eph. 6:1, “Children, obey your parents in the Lord, for this is right.”**

**Eph. 6:4, “And you, fathers, do not provoke your children to wrath, but bring them up in the training and admonition of the Lord.”**

## **Results in relationships in the household:**

**Eph. 6:5, “Bondservants, be obedient to those who are your masters according to the flesh, with fear and trembling, in sincerity of heart, as to Christ;**

**Eph. 6:6, “not with eyeservice, as men-pleasers, but as bondservants of Christ, doing the will of God from the heart,”**

**Eph. 6:9, “And you, masters, do the same things to them, giving up threatening, knowing that your own Master also is in heaven, and there is no partiality with Him.”**

- a. **We are to walk worthy of our new calling (Eph. 4:1)**  
**We are to not walk like the Gentiles**
- b. **We are to walk in newness of life (Rom. 6:4)**  
**We are not to walk according to the sin nature (Rom. 8:4; Gal. 5:16; 2 Pet. 2:10)**
- c. **We are to walk according to the Holy Spirit (Rom. 8:4), “by means of the Spirit” (Gal. 5:16)**
- d. **We are to walk properly as in the day (Rom. 13:13a; 1 Thess. 4:12); walk worthy of our calling (Eph. 4:1; Col. 1:10)**  
**But not in revelry, drunkenness, lewdness, lust, strife or envy or ungodly lusts (Rom. 13:13a; Jude 18)**



- e. We walk by faith (2 Cor. 5:7a)  
Not by sight (2 Cor. 5:7b)**
- f. We are to walk in good works (Eph. 2:10)  
But not in the empty way of thinking of unsaved  
Gentiles (Eph. 4:17)**
- g. Walk in love (Eph. 5:2)**
- h. Walk in the light, because we are children of light, no  
longer children of darkness (Eph. 5:8)**
- i. Walk in humility (Php. 3:16, 17)**
- j. Walk in the light practicing the truth (1 John 1:6;  
3 John 4)**

**Eph. 6:10, “Finally, my brethren, be strong in the Lord and in the power of His might.”**